



“Your Connection for Workplace Safety”
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We're about service, commitment, results, and accountability!

Weekly Safety Tip

Life Is All About Choices!®

April 10, 2017

SCI Safety Tip: Workplace Violence

Source: <http://www.osha.gov>

This workplace violence website provides information on the extent of violence in the workplace, assessing the hazards in different settings and developing workplace violence prevention plans for individual worksites.

What is workplace violence?

Workplace violence is any act or threat of physical violence, harassment, intimidation, or other threatening disruptive behavior that occurs at the work site. It ranges from threats and verbal abuse to physical assaults and even homicide. It can affect and involve employees, clients, customers and visitors. Homicide is currently the fourth-leading cause of fatal occupational injuries in the United States. According to the Bureau of Labor Statistics Census of Fatal Occupational Injuries (CFOI), of the 4,679 fatal workplace injuries that occurred in the United States in 2014, 403 were workplace homicides. [\[More...\]](#) However it manifests itself, workplace violence is a major concern for employers and employees nationwide.

Who is at risk of workplace violence?

Nearly 2 million American workers report having been victims of workplace violence each year. Unfortunately, many more cases go unreported. Research has identified factors that may increase the risk of violence for some workers at certain worksites. Such factors include exchanging money with the public and working



SCI Safety Slogan

**Zero
Tolerance of
Workplace
Violence**

James Lehrke-SCI

Meet Our New Teammates!

Welcome!



Safety Compliance Manager -
jenn@safetyconnections.com

Jenn is truly a dynamic and detail-oriented person with deeply diverse experience that goes across many different Industries with her roots going back to a role as Safety Assistant in Human Resources. With numerous memberships in committees associations and safety council's, Jenn leverages her educational background and experience across industry, training and provides special expertise on many topics. The ability for her to multitask is of little challenge and her laser focus is uncanny; she is a truly valued in our safety and project management driven business. Jenn's a perfect fit within the Values and Mission statement foundations of Safety Connections Incorporated.



EHS Project
Manager jeff@safetyconnections.com

Jeffrey comes to SCI with a 10-year active duty background and the United States Air Force security sector. Since leaving active duty, he has aligned his lifes goals to assisting others in Safety & Management. His passion for change management and communication has lead him in many successful leadership roles. His great attitude, personality and training skills are all contagious in any group he works with and it's these attributes that Safety Connections Incorporated consider a perfect fit within the Values and Mission statement we stand on as a foundation.



Safety Specialist

Rick brings to you an accomplished safety professional with over twenty years of diversified operational experience in the manufacturing industry. He has a reputation for maintaining safe working environments, establishing effective safety best practices, hazard identification and prevention. Rick is skillful in managing business relationships at all levels, including contractors, vendors, sub – contractors/sub-vendors and is a specialist in training OSHA mandatory safety training.

Rick comes to us from 19 years with Harley Davidson. He was the Safety Coordinator and provided all safety training to all HD employees and was involved in new equipment installation and removal, Machine Guarding, Noise Monitoring, Led and chaired Safety teams, New Employee Orientation for safety, Site Safety Audits, Safety Best Practice Team, Union Safety Committee Chair, Regulatory Compliance.

Workplace Violence Continued

with volatile, unstable people. Working alone or in isolated areas may also contribute to the potential for violence. Providing services and care, and working where alcohol is served may also impact the likelihood of violence. Additionally, time of day and location of work, such as working late at night or in areas with high crime rates, are also risk factors that should be considered when addressing issues of workplace violence. Among those with higher-risk are workers who exchange money with the public, delivery drivers, healthcare professionals, public service workers, customer service agents, law enforcement personnel, and those who work alone or in small groups.

How can workplace violence hazards be reduced?

In most workplaces where risk factors can be identified, the risk of assault can be prevented or minimized if employers take appropriate precautions. One of the best protections employers can offer their workers is to establish a zero-tolerance policy toward workplace violence. This policy should cover all workers, patients, clients, visitors, contractors, and anyone else who may come in contact with company personnel.

By assessing their worksites, employers can identify methods for reducing the likelihood of incidents occurring. OSHA believes that a



Aurora Health Care®

Quick Tips for Healthy Living**Diet vs. Exercise: A Healthy Habit Showdown**
Why you're better off eating a salad than hitting the gym.

According to Amir Khan of US News, exercise is important for weight loss, but your diet actually has a larger impact. Want to lose weight? The advice most often given is to diet and exercise, but it turns out that one aspect is far more important than the other. While both are key to living a long, healthy life, ultimately, nutrition experts say you can't outrun a poor diet.

The reality is that the only way to lose weight is to burn more calories than you take in, which is nearly impossible to do unless you change your eating habits. "A pound of fat is 3,500 calories," says Wayne Andersen, co-founder and medical director of the weight-loss coaching program Take Shape for Life. "Running a [marathon](#) burns 2,600 calories. That's how ineffective exercise is for losing weight." That's not to say that exercise isn't important – but if you absolutely have to choose between the two, the evidence is clear that diet plays a much bigger role in weight loss. "It's so easy to consume large doses of calories when something like a burger and fries can have more than 1,200 calories," says Angela Fitch, director of Medical Weight Loss at the University of Cincinnati Health Weight Loss Center. "The only way you're going to lose weight is to be more [mindful of your calories](#), because we are notoriously poor at estimating how many calories we consume."

well-written and implemented workplace violence prevention program, combined with engineering controls, administrative controls and training can reduce the incidence of workplace violence in both the private sector and federal workplaces. This can be a separate workplace violence prevention program or can be incorporated into a safety and health program, employee handbook, or manual of standard operating procedures. It is critical to ensure that all workers know the policy and understand that all claims of workplace violence will be investigated and remedied promptly. In addition, OSHA encourages employers to develop additional methods as necessary to protect employees in high risk industries.

SCI OSHA: Breaking! OSHA delays enforcing silica standard in constructionSource: <http://www.blr.com>

Date: April 6, 2017

The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) today announced a delay in enforcement of the crystalline silica standard that applies to the construction industry to conduct additional outreach and provide educational materials and guidance for employers.

The Agency has determined that additional guidance is necessary because of the unique nature of the requirements in the construction standard. Originally scheduled to begin June 23, 2017, enforcement will now begin Sept. 23, 2017.

OSHA expects employers in the construction industry to continue to take steps either to come into compliance with the new permissible exposure limit, or to implement specific dust controls for certain operations as provided in Table 1 of the standard. Construction employers should also continue to prepare to implement the standard's other requirements, including exposure assessment, medical surveillance and employee training.

What do you think?

Send us an email at:
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See our bold new look

In Loving Memory...
Jessica, Kristin and Nick



**SAVE TOMORROW
THINK SAFETY TODAY**