



"Your Connection for Workplace Safety"
Phone: 920-208-7520

Weekly Safety Tip

We're about service, commitment, results, and accountability!

Our Weekly Safety Tip provides valuable and current safety information relevant for Work, Home & Play.

And, you will be kept current on the latest Safety Compliance issues.



SCI SAFETY NEWS OR TIP



SCI OSHA NEWS OR COMPLIANCE



SCI HEALTHYLIVING and WELLNESS NEWS

We want to hear from you! Send us your feedback and give us ideas for future safety topics.

Let us know how you feel about our new look!

Safety Slogan

Drive to live!

James Lehrke-SCI

of the week

SCI Safety Tip: Safe Winter Driving Tips

Source: <http://www.insurancequotes.org>

Date: 2014

Of the 6.3 million auto accidents that occur on U.S. roads every year are caused by adverse weather conditions like rain, sleet, snow and fog. Unfortunately, as global temperatures **continue to rise**, harsh and unpredictable weather conditions like these are becoming more common on our motorways.

And if the **record-breaking rains** that washed out entire interstates and thoroughfares in Colorado last week are any indication, this year's winter could be particularly troublesome. That means it's a good idea for all drivers — even the most experienced winter drivers — to take time each year to prepare themselves, their vehicles and their insurance policies for the potentially dangerous road conditions that lie ahead.

A combination of proper equipment, driving techniques and choices in car insurance can minimize the likelihood of severe injuries as a result of crashes, and can take the pressure off your wallet if an accident does happen.

The Safe Winter Driving Checklist

There are several techniques you can learn in order to become a more controlled winter driver — but before we cover them, it's important to point out that *many winter driving tips are guidelines, not tenets*. In order to best know how react to a swerve, it's crucial to be familiar with your car and how it handles in a spinout. The "right way" to drive on icy or wet roads is partially going to depend on your car's **type of steering system**, brake responsiveness, and tire traction.

- Make sure your tires can grip slippery roads. Get your tires checked and ask the specialists about your possible traction needs. Remember that "all-season" tires are really more like "three-season" tires in areas that get more than the occasional skiff of snow each winter. But you aren't finished even after you've visited your local tire shop. You must check and maintain your tires' **psi levels** regularly throughout the winter! Winter debris can cause tears and leaks and extremely cold air can drop your air pressure levels, take a few seconds to check them every week and you're tires will keep you safer and last longer.
- Give yourself a winter test drive. Before you hit the roads, make sure you understand how your car handles in certain conditions. During the first storm of the season, drive to a safe open space nearby to try out your brakes, traction and steering on icy, wet or snow-packed pavement. Not only will you have some fun sliding around, but you'll learn how to recognize when your car is sliding and how to regain control once it does.
- Know what to expect on your trip and plan accordingly. If you know you need to travel through especially bad wintery

conditions, be sure to check for travel advisories on the [DOT website](#) first. Visit your state's DOT website to access information and service alerts about your local weather, road conditions and traffic levels.

- If you start sliding, turn slightly into the skid and pump your breaks. Once you're already sliding, your tires have lost traction with the road. It seems counterintuitive, but in order to avoid a spinout you need to turn slightly into the skid, slowly let off the gas and start pumping the breaks. Yanking the wheel in the other direction and locking the brakes will stop your tires from turning, but you'll lose all hope of regaining traction with the road surface.
- Slow down and relax. This is the most important rule to driving in bad conditions of any kind. And we're not just talking about speed — you want to do everything more slowly and more lightly than you normally would. Hitting your gas pedal, clamping your breaks or cranking your wheel too quickly is a surefire way to lose traction on an icy or wet road.
- Know when to quit. Sometimes road conditions are simply too dangerous to drive in. If you can't see or you keep losing control, pull over. Never push your luck if you're unsure. It's not worth it to drive if you're jeopardizing yourself, your passengers or other drivers on the road.

Continued next week- The Essentials of an Emergency Road Kit

SCI OSHA News: Employers Get 3-Year Extension on Crane Operator Certification—but *not* on Training Requirements (Part 2)

Source: www.blr.com

by Jennifer Busick

Date: October 27, 2014

Certification Requirements

The training requirements for crane operators are found in 29 CFR 1926.1430. Under that standard, employers are required to provide operators-in-training with instruction in the topics covered by the crane certification standards in 1926.1427, which include:

The information necessary for safe operation of the specific type of equipment the individual will operate, including:

- The controls and operational/performance characteristics.
- The use of, and the ability to calculate (manually or with a calculator), load/capacity information on a variety of configurations of the equipment.
- Procedures for preventing and responding to power line contact.
- Technical knowledge covering the general technical information, site information, operations, and the use of load charts.
- A detailed list of the required subject matter for each of these categories of information is found in [Appendix C to Subpart CC of the construction standards](#).

Technical knowledge applicable to:

- The suitability of the supporting ground and surface to handle expected loads.
- Site hazards.
- Site access.
- Subpart CC, including any applicable materials incorporated by reference.

The ability to read and locate relevant information in the equipment manual and other materials containing the information required above.

A determination through a practical test that the individual has the skills necessary for safe operation of the equipment, including:

- The ability to recognize, from visual and auditory observation, the shift inspection items required by OSHA;
- Operational and maneuvering skills;
- Application of load chart information; and
- Application of safe shut-down and securing procedures.

Additional Training Requirements

Additional training requirements for all operators of covered equipment include, where applicable:

- On friction equipment, whenever moving a boom off a support, operators must know to first raise the boom a short distance (sufficient to take the load of the boom) to determine if the boom hoist brake needs to be adjusted.
- On other types of equipment with a boom, the same practice is applicable, except that typically there is no means of adjusting the brake; if the brake does not hold, a repair is necessary.
- Where available, operators must be trained in the manufacturer's emergency procedures for halting unintended equipment movement.

Tomorrow, we will look at OSHA's shift inspection requirements for cranes and derricks.

HEALTHY BITES

Quick Tips for Healthy Living

PREVEA
Health & Wellness

Nail Disease

Your toenails and fingernails protect the tissues of your toes and fingers. They are made up of layers of a hardened protein called keratin, which is also in your hair and skin. Your nails' health can be a clue to your overall health. Healthy nails are usually smooth and consistent in color. Specific types of nail discoloration and changes in growth rate can signal various lung, heart, kidney and liver diseases, as well as diabetes and anemia. White spots and vertical ridges are harmless.

Nail problems that sometimes require treatment include bacterial and fungal infections, ingrown nails, tumors and warts. Keeping nails clean, dry and trimmed can help you avoid some problems. Do not remove the cuticle, which can cause infection.

The Lehrke Family Scholarship Fund Is Up & Running It's 2015 Fundraiser In Memory of the Lehrke Family Children - Jessica, Nick & Kristin – Our Theme – “ Help Us Help Others “



What do you think?
Send us an email at:
jlsconnections@aol.com
See our bold new look @
<http://www.safetyconnections.com/>

In Loving
Memory of Jessica Lehrke

Lehrke Family Scholarship Fund
All proceeds go to the High School Scholarship

Las Vegas Trip & \$500 Cash

WIN A TRIP to Fabulous LAS VEGAS

Purchase a ticket for your chance to win **ROUND TRIP AIRLINE TICKETS and a HOTEL STAY IN LAS VEGAS** valued up to \$500. Plus \$500 cash! Drawing held 12/15/14

Tickets \$1 Each

This prize has the following guidelines:

- Must be for United, Delta or Southwest flights only. No 2 people without one to \$500 and \$500 cash.
- Maximum travel dates valid to 1/31/15. Prize money is cashed in (round trip flight) from anywhere in Michigan to Las Vegas, NV, round trip only. No 2 people. Winner of prize must be 18 years old and not a resident of Michigan (resident of Michigan only). Cash prize must be the responsibility of the winner.
- Winner may choose travel dates, hotel accommodations and flights, but will be responsible for any charges above the \$500 limit value of the voucher.
- All taxes, fees, and charges are extra (including, but not limited to, fuel, insurance, and checked baggage fees) and the responsibility of the winner.
- Prizes are redeemable by 12/31/15. Travel must be completed by 12/31/15.
- Travel travel agent will be notified. This award has no cash value and is non-refundable and non-transferable from holder.
- Travel agent must be notified through Fox World Travel in Michigan.
- Cash prize of \$500 must be redeemed from the Lehrke Family Scholarship Fund.
- Other restrictions may apply.

To redeem the travel prize, please choose your travel dates and let us know and confirm.

For World Travel - 315 S. Taylor Drive, Birmingham, MI 48010-1000. All reservations must be made at least 60 days prior to your anticipated travel date.

To redeem the cash prize, please contact the Lehrke Family Scholarship Fund.

Thank you for your support!

