



“Your Connection for Workplace Safety”
Phone: 920-208-7520

We're about service, commitment, results, and accountability!

Weekly Safety Tip

Life Is All About Choices![®]

June 22, 2015

SCI Safety News: Are You Ready for a ... Workplace Fire?

Date: June 15, 2015

Source: <http://www.blr.com>



At 5:50 p.m. on May 9, 2015, a transformer exploded at the Indian Point nuclear power plant in Westchester, New York, 50 miles north of Manhattan. Sprinkler systems activated as emergency response crews scrambled, working to keep the fire from the nuclear installation just 200 yards away. The crews poured specially designed fire-fighting foam on the burning transformer. By 6:15, the fire was out, and crews began working instead on minimizing potential environmental damage from transformer fluid and fire-fighting foam leaking into the Hudson River

Because of advance planning and a quick response, the fire was controlled, and there was no damage to the reactor. Are you that well prepared for a fire at your facility?

Life, Property, Community

When fire strikes, you need to have measures in place to protect three things:

Life. The lives of workers inside the building are the most immediate concern when fire breaks out. Make sure they are protected by:

- Installing *smoke alarms* in all areas of the facility
- Placing and marking *fire extinguishers* at appropriate intervals, and training workers to use them

SCI Safety Slogan

Don't be burned by fire safety!

James Lehrke-SCI

- Establishing an *emergency evacuation plan* and practicing it regularly
- *Property*. The next concern is for property, not only for the economic losses it represents but also for the potential impact outside the property itself. If crews had failed to protect the nuclear reactor just a short distance away from the burning transformer, the consequences for the entire region could have been dire. Protect your property by:
 - *Installing sprinklers*. Sprinklers save lives and minimize property damage caused both by fire and fire suppressants.
 - *Careful housekeeping*. Poor housekeeping—especially the accumulation of flammable garbage—can cause fires and make them worse once they have started. If you are located in an area at risk of wildfires, make sure to clean up outdoor areas, too.
 - *Coordinating with your fire department*. Does your alarm system automatically notify the fire department? Have you invited them to your facility for a tour so that they can quickly reach different areas and protect potential trouble spots?



Community. Many fires affect areas outside the building or facility where they start. Fires can coat a town in toxic smoke, release hazardous chemicals into waterways, and spread to nearby structures. Protect your community by:

- *Diking* hazardous materials enclosures and storage areas so that if liquid hazardous chemicals are released, they are contained.
- Having a *response plan* in place to notify your neighbors if a disaster in your facility might affect them and to facilitate ongoing communication during cleanup.

SCI OSHA Compliance: Slips and falls, electronic recordkeeping are highlights of OSHA's latest regulatory agenda

By Emily Clark Safety Editor

Source: <http://www.blr.com>

Date: June 18, 2015

OSHA's latest regulatory agenda, released in late May, outlined the status of the agency's currently pending prerule, proposed rules, and final rules. Keep reading to learn what you can expect to see from OSHA in the coming months and which developments could affect your facility.

Among the final rules, the most significant is OSHA's initiative to implement electronic [injury and illness recordkeeping and reporting](#). Proposed in November 2013, the rule would require large employers who are currently required to keep injury and illness records to electronically submit information from these records to OSHA on a quarterly basis. Employers with 20 or more employees in certain designated industries would be required to electronically submit information from the OSHA Form 300A, Annual Summary of Work-Related Injuries and Illnesses. OSHA plans to put the information on its Web site as a publicly searchable establishment-specific database.

Several groups have voiced opposition to the electronic recordkeeping proposal, contending that public availability of injury and illness data could encourage both employers and employees to underreport work-related injuries and illnesses. In response to these comments, OSHA published a supplemental notice of proposed rulemaking (NPRM) and request for comments in August 2014 that proposed to make it a violation for an employer to discourage employee reporting of work-related injuries and illnesses. According to the regulatory agenda, OSHA plans to release the final rule by September 2015.

Also among the final rules is an update to OSHA's Walking and Working Surfaces and Personal Fall Protection Systems standard (29 CFR 1910 subparts D and I). The new rule would address workplace [slip, trip, and fall](#) hazards and establish requirements for personal fall protection systems in keeping with current technology and procedures. The agency plans to release a final rule in August 2015.



Aurora Health Care®

Quick Tips for Healthy Living

June is National Men’s Health Month.

The purpose of Men’s Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of the disease among men and boys. This month gives health care providers, public policy makers, the media and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury.

“There is a silent health crisis in America...it’s that fact that, on average, American men live sicker and die younger than American women.” Dr. David Gremillion Men’s Health Network. Women are 100% more likely to visit the doctor for annual examinations and preventive services than men. (CDC 2001)

This is the month to schedule your tests and physicals do not wait until it’s too late and you are already fighting a disease, the key is prevention!

Here are three ways you can help yourself and encourage others to get healthy:

1. **Eat Healthy.** Start by taking small steps like saying no to super-sizing and yes to a healthy breakfast. Eat many different types of foods to get all the vitamins and minerals you need. Add at least one fruit and vegetable to every meal.
2. **Get Moving.** Play with your kids or grandkids. Take the stairs instead of the elevator. Do yard work. Play a sport. Keep comfortable walking shoes handy at work and in the car. Most importantly, choose activities that you enjoy to stay motivated.
3. **Make Prevention a Priority.** Many health conditions can be prevented or detected early with regular checkups from your healthcare provider. Regular screenings may include blood pressure, cholesterol, glucose, prostate health and more.

Check out this website for a list of screening guidelines:

<http://www.menshealthnetwork.org/library/pdfs/GetItChecked.pdf>

Proposed rules include the following:

- **Occupational Exposure to Crystalline Silica.** OSHA plans to reduce the permissible exposure limit (PEL) for [silica](#) and implement a comprehensive silica health standard that includes exposure monitoring, medical surveillance, and worker training. The NPRM was issued in September 2013; OSHA expects to complete its analysis of the comments shortly.
- **Occupational Exposure to Beryllium.** OSHA published a request for information (RFI) in 2002 to solicit information regarding the hazards of beryllium exposure with the intent of reducing the permissible exposure limit (PEL). A notice of proposed rulemaking was anticipated in May 2015 but has not yet been released.
- **Respirator Fit Testing.** The proposed rule would incorporate three new allowable fit-testing protocols for individuals assigned to use [respirators](#). A Notice of Proposed Rulemaking is expected in July 2015.
- **Crane Operator Qualification in Construction.** The proposal would identify criteria for employers to follow to ensure their [crane](#) operators are completely qualified to operate cranes safely. A Notice of Proposed Rulemaking is expected in December 2015.

Actions in the prerule stage include an analysis of the necessity of the [bloodborne pathogen](#) standard, a [combustible dust](#) regulation, an update to OSHA’s [PELs](#), revisions to OSHA’s [process safety management \(PSM\)](#) standard, a communication tower safety standard, and a rule aimed at developing comprehensive emergency preparedness protocols and protecting emergency responders from on-the-job hazards.

Find out more about the Spring 2015 regulatory agenda [here](#).



LinkedIn

*What do you think?
Send us an email at: jlconnections@aol.com
See our bold new look
In Loving Memory of Jessica Lehrke*

