



“Your Connection for Workplace Safety”
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Weekly Safety Tip

Life Is All About Choices![®]

June 6, 2016

SCI Safety Tip: Stand Ready to Respond: Protect children around water all the time

Source: <http://www.cdc.gov>

Date: April 30, 2016



We all want to keep our children safe and secure and help them live to their full potential. Knowing how to prevent leading causes of child injury, like drowning, is a step toward this goal.

When most of us are enjoying time at the pool or beach, injuries aren't the first thing on our minds. Yet, drownings are a leading cause of injury death for young children ages 1 to 14, and three children die every day as a result of drowning. In fact, drowning kills more children 1-4 than anything else except birth defects.

Thankfully, parents can play a key role in protecting the children they love from drowning.

Key Prevention Tips

Learn life-saving skills.

Everyone should know the basics of swimming (floating, moving through the water) and cardiopulmonary resuscitation (CPR).

SCI Safety Slogan



James Lehrke-SCI

Fence it off.

Install a four-sided isolation fence, with self-closing and self-latching gates, around backyard swimming pools. This can help keep children away from the area when they aren't supposed to be swimming. Pool fences should completely separate the house and play area from the pool.

Make life jackets a must.

Make sure kids wear life jackets in and around natural bodies of water, such as lakes or the ocean, even if they know how to swim. Life jackets can be used in and around pools for weaker swimmers too.

Be on the look out.

When kids are in or near water (including bathtubs), closely supervise them at all times. Because drowning happens quickly and quietly, adults watching kids in or near water should avoid distracting activities like playing cards, reading books, talking on the phone, and using alcohol or drugs



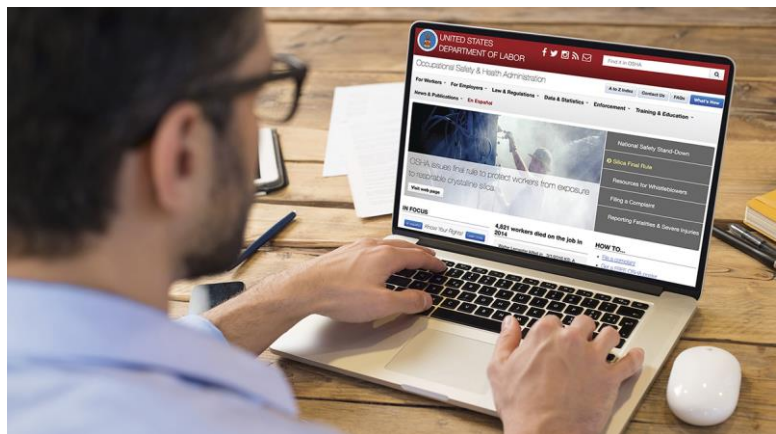
Drowning leading cause of unintentional death among children from one to four years old, accounting for 30% of all preventable deaths in this age group. The elevated drowning risk continues through the early teens, accounting for 14% of all preventable deaths for children aged five to fourteen. Source: injury Facts, 2016

SCI OSHA Tip: Final Rule Issued to Improve Tracking of Workplace Injuries and Illnesses

Source: www.osha.gov

Provisions call for employers to electronically submit injury and illness data that they already record
 Why is OSHA issuing this rule?

This simple change in OSHA's rulemaking requirements will improve safety for workers across the country. One important reason stems from our understanding of human behavior and motivation. Behavioral economics tells us that making injury information publicly available will "nudge" employers to focus on safety. And, as we have seen in many examples, more attention to safety will save the lives and limbs of many workers, and will ultimately help the employer's bottom line as well. Finally, this regulation will improve the accuracy of this data by ensuring that workers will not fear retaliation for reporting injuries or illnesses.



What does the rule require?

The new rule, which takes effect Jan. 1, 2017, requires certain employers to electronically submit injury and illness data that they are already required to record on their onsite OSHA Injury and Illness forms. Analysis of this data will enable OSHA to use its enforcement and compliance assistance resources more efficiently. Some of the data will also be posted to the OSHA website. OSHA believes that public disclosure will encourage employers to improve workplace safety and provide valuable information to workers, job seekers, customers, researchers and the general public. The amount of data submitted will vary depending on the size of company and type of industry.



Aurora Health Care®

Quick Tips for Healthy Living

Five Reasons to eat more fruit and Veggies

Summer is here and the fresh fruits and vegetables will start to be in abundance. Here are 5 reasons you should be eating more fruits and veggies.

1. The nutrients you get from fresh fruits and veggies you will not find in any other food.
2. The variety is endless, so even if you say you do not like them, there are so many different kinds to try.
3. Quick, natural snack. Fruits and veggies are nature's treat and easy to grab for a snack
4. May reduce your disease Risk. Eating plenty of fruits and veggies may help reduce the risk of many diseases, including heart disease, high blood pressure and some cancers.
5. Fruits and Veggies provide fiber that helps fill you up and keeps your digestive system happy!

These are just a few reasons you can count on these colorful healthy options. There are many places that you can find local fresh fruits and veggies. Stop by your local Farmers Markets!! Farmers markets are a great way to incorporate healthy food into your diet while supporting local farms and businesses.

There are also CSA (Community Supported Agriculture) Programs as well. In these programs, you pay a set fee to a farm which covers produce through a given period, usually 16-20 weeks over the summer and fall. It's a great way to encourage you to use more produce, a since you do not know what you'll receive each week, you end up finding creative uses for new items that you may have never tried before. Check your local farms, sign ups usually take place around this time of year.

Anti-retaliation protections

The rule also prohibits employers from discouraging workers from reporting an injury or illness. The final rule requires employers to inform employees of their right to report work-related injuries and illnesses free from retaliation; clarifies the existing implicit requirement that an employer's procedure for reporting work-related injuries and illnesses must be reasonable and not deter or discourage employees from reporting; and incorporates the existing statutory prohibition on retaliating against employees for reporting work-related injuries or illnesses. These provisions become effective August 10, 2016.

Compliance schedule

The new reporting requirements will be phased in over two years:

Establishments with 250 or more employees in industries covered by the recordkeeping regulation must submit information from their 2016 Form 300A by July 1, 2017. These same employers will be required to submit information from all 2017 forms (300A, 300, and 301) by July 1, 2018. Beginning in 2019 and every year thereafter, the information must be submitted by March 2.

Establishments with 20-249 employees in certain high-risk industries must submit information from their 2016 Form 300A by July 1, 2017, and their 2017 Form 300A by July 1, 2018. Beginning in 2019 and every year thereafter, the information must be submitted by March 2.



What do you think?
Send us an email at:
jlconnections@aol.com
See our bold new look
In Loving Memory

In Loving Memory...
Jessica, Kristin and Nick

