



**"Your Connection for Workplace Safety"**  
Phone: 920-208-7520

# Weekly Safety Tip

*We're about service, commitment, results, and accountability!*

*Our Weekly Safety Tip provides valuable and current safety information relevant for Work, Home & Play.*

*And, you will be kept current on the latest Safety Compliance issues.*



**SCI SAFETY NEWS OR TIP**



**SCI OSHA NEWS OR COMPLIANCE**



**SCI HEALTHYLIVING and WELLNESS NEWS**

**We want to hear from you! Send us your feedback and give us ideas for future safety topics.**

**Let us know how you feel about our new look!**

**Safety Slogan**

**Risk – is it worth it?**

**James Lehrke-SCI**

**Of the week**

## SCI Safety Tip: PPE: Mistakes Workers Make (Part 2)

Source: <http://www.blr.com>

Date: August 7, 2013

**Mistake Number 3:** A brick falls on a worker's head, but his hard hat takes the impact. The worker declares the hat his "lucky hat" and continues to wear it every day. A supervisor whose workers are supposed to use a new pair of chemical protective gloves each day decides he will save his department money by telling workers to use each pair of gloves for a week before replacing it. After all, the gloves still look fine after a week's use.

These workers have *failed to replace PPE as needed*. Workers can't be safe if they don't use or care for their PPE properly—but they also can't be safe if they don't know when to replace old equipment. Employees need to replace their equipment:

- *Each shift*, if it is disposable—earplugs, gloves, protective clothing, respirators, and face protection all come in disposable varieties. These are not designed to be cleaned or reused, and may lose effectiveness if they are. Make sure workers understand that this equipment is supposed to be discarded and replaced.
- *Whenever it shows signs of wear* and tear or damage that could compromise its effectiveness. You will need to train workers to recognize when each type of equipment has worn out and needs replacement.
- *On schedule*, if it is reusable equipment that must be replaced before it shows obvious signs of being past its useful life. Some types of chemical protective gloves, respirator cartridges, and other PPE can be used multiple times but must be replaced before their effectiveness is compromised. Change schedules are one common way to track this. Make sure employees understand the reason for and the necessity of change schedules.
- *After a save*, if it is a single use PPE. Hard hats as well as fall protection harnesses and lanyards are two examples of single-use PPE—they can be reused continually until they actually perform a save—taking an impact or catching a falling worker. At that point, they should be replaced.

**"Saving Green by Going Green" Tip of the Week August 26th**

Did you know that you can save money by printing on both sides of the paper? Go into your computers printer settings and change your default setting to double sided. Along the way you will also use less paper and ink. For more help saving green by going green email [Laura@safetyconnections.com](mailto:Laura@safetyconnections.com)

**HEALTHY BITES****Quick Tips for Healthy Living**

PREVEA  
*Health & Wellness*

**Weight Control**

If you are overweight, you are not alone. Sixty-six percent of adults in the U.S. are overweight or [obese](#). Achieving a healthy weight can help you control your cholesterol, blood pressure and blood sugar. It might also help you prevent weight-related diseases, such as heart disease, diabetes, arthritis and some cancers.

Eating too much or not being physically active enough will make you overweight. To maintain your weight, the calories you eat must equal the energy you burn. To lose weight, you must use more calories than you eat. A weight-control strategy might include

- Choosing low-fat, low-calorie foods
- Eating smaller portions
- Drinking water instead of sugary drinks
- Being physically active

NIH: National Institute of Diabetes and Digestive and Kidney Diseases

## **SCI OSHA Compliance: What's on OSHA's mind? Highlights from the Spring 2013 Semiannual Regulatory Agenda (Part 4)**

Source: [www.blr.com](http://www.blr.com)

Date: August 2, 2013

- **Improve Tracking of Workplace Injuries and Illnesses.** OSHA is proposing to update and modernize its illness and injury reporting system and implement an electronic recordkeeping system.
- **Consensus Standard Update—Signage.** OSHA is proposing to update the references to consensus standards in its rules for nonionizing radiation (29 CFR 1910.97); specifications for accident prevention signs and tags (29 CFR 1910.145); and pulp, paper, and paperboard mills (29 CFR 1910.261). The current rules reference 1967 and 1968 versions of ANSI standards, and OSHA proposes to reference the latest version of the two relevant standards: ANSI Z53.1, Safety Code for Marking Physical Hazards and the Identification of Certain Equipment, and ANSI A53.1, Specification for Accident Prevention Signs. Older signs that currently comply with OSHA requirements would be grandfathered.
- **Revising Record Requirements in the Mechanical Power Press Standard.** OSHA is examining eliminating the requirements for employers who use mechanical power presses to maintain records of machinery tests and inspections.
- **Cranes and Derricks in Construction.** OSHA is proposing several amendments and corrections to the construction standard for cranes and derricks that was published in August 2010. Most of these are minor clarifications and wording alterations.

- **Prerules**

- In addition to the Final and Proposed Rules, OSHA published several Prerules. Though these are far from implementation, they nevertheless provide insight into OSHA's overall direction and long-term priorities. Some highlights:
- **Process Safety Management and Flammable Liquids.** OSHA is examining its Process Safety Management (PSM) standard to determine if revisions are necessary to address gaps in coverage. OSHA is also considering an update to its Flammable Liquids and Spray Finishing standards to incorporate the latest consensus standards.
- **Review/Lookback of Chemical Standards.** Most of OSHA's PELs are considered to be outdated. OSHA is proposing to review these standards and determine whether revisions that take newer scientific data into account are necessary.

## Lehrke Family Benefit/Raffle/Brat Fry

Saturday, Sept. 14<sup>th</sup>  
11:00am – 7:00pm  
Lakeshore Lanes  
2519 South Business Drive  
Sheboygan, WI 53081

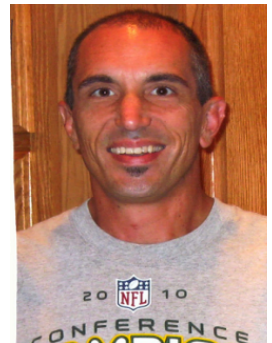
*In Loving Memory of:*



*Jessica*



*Kristin*



*Nick*

**Checks can be made payable to:**

**The Lehrke Family Benefit  
1911 Kaat Lane  
Sheboygan, WI 53081**

**All proceeds will be donated back to the  
community in scholarships**



*What do you think?*  
*Send us an email at:*  
[jlconnections@aol.com](mailto:jlconnections@aol.com)  
*See our bold new look @*  
<http://www.safetyconnections.com/>

*In Loving  
Memory of Jessica Lehrke*