



**“Your Connection for Workplace Safety”**  
**Phone: 920-208-7520**

*We're about service, commitment, results, and accountability!*

## *Weekly Safety Tip*

*Life Is All About Choices!®*

September 7, 2015

### SCI Safety: Child Seat Safety

Source: <http://www.safercar.gov>



NHTSA knows it's not an easy task to find the right car seat. After all, there are several types of seats—from infant to convertible and booster—depending on your child's age and size. Even after you find the right one, it's important to know how to install your car seat correctly and when to transition your child to another type of seat as your child grows older. In this section, NHTSA guides you through the decision-making process of finding the right car seat and using it correctly to make sure your child remains safe.

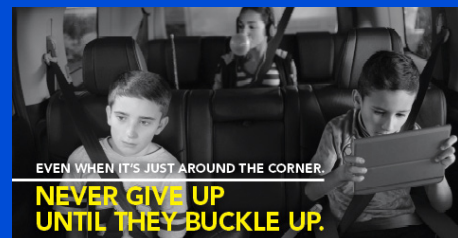
#### **Rear-Facing Car Seat Birth – 12 Months**

Your child under age 1 should always ride in a rear-facing car seat. There are different types of rear-facing car seats:

- Infant-only seats can only be used rear-facing.
- Convertible and All-in-one car seats typically have higher height and weight limits for the rear-facing position, allowing you to keep your child rear-facing for a longer period of time.



### **SCI Safety Slogan**



**James Lehrke-SCI**

**1 – 3 Years**

Keep your child rear-facing as long as possible. It's the best way to keep him or her safe. Your child should remain in a rear-facing car seat until he or she reaches the top height or weight limit allowed by your car seat's manufacturer. Once your child outgrows the rear-facing car seat, your child is ready to travel in a forward-facing car seat with a harness and tether.

**Forward-Facing Car Seat****1 - 3 Years**

Keep your child rear-facing as long as possible. It's the best way to keep him or her safe. Your child should remain in a rear-facing car seat until he or she reaches the top height or weight limit allowed by your car seat's manufacturer. Once your child outgrows the rear-facing car seat, your child is ready to travel in a forward-facing car seat with a harness and tether.

**4 - 7 Years**

Keep your child in a forward-facing car seat with a harness and tether until he or she reaches the top height or weight limit allowed by your car seat's manufacturer. Once your child outgrows the forward-facing car seat with a harness, it's time to travel in a booster seat, but still in the back seat.

**Booster Seat****4 - 7 Years**

Keep your child in a forward-facing car seat with a harness and tether until he or she reaches the top height or weight limit allowed by your car seat's manufacturer. Once your child outgrows the forward-facing car seat with a harness, it's time to travel in a booster seat, but still in the back seat.

**8 - 12 Years**

Keep your child in a booster seat until he or she is big enough to fit in a seat belt properly. For a seat belt to fit properly the lap belt must lie snugly across the upper thighs, not the stomach. The shoulder belt should lie snugly across the shoulder and chest and not cross the neck or face. Remember: your child should still ride in the back seat because it's safer there.

**Seat Belt****8 - 12 Years**

Keep your child in a booster seat until he or she is big enough to fit in a seat belt properly. For a seat belt to fit properly the lap belt must lie snugly across the upper thighs, not the stomach. The shoulder belt should lie snugly across the shoulder and chest and not cross the neck or face. Remember: your child should still ride in the back seat because it's safer there.

Link to Guide to Child Safety Seats: [Parents' Guide on Child Safety in and Around Cars \(PDF 1.8 MB\)](#)

## SCI OSHA Compliance: Pit Falls of Noncompliance

Source: [www.blr.com](http://www.blr.com) (Part 2)

Date: August 26, 2015

**Penalty:** \$43,200 fine

**Manufacturer cited after press crushes worker's finger**

Steel parts manufacturer

Illinois OSHA Region 5

**Serious violations:** After just 10 days on the job, a temporary worker's right ring finger was crushed by a 25-ton power press when the machine she operated cycled through while her hand was inside. The incident occurred when light curtains that act as machine guards failed to work properly. An OSHA inspection resulted in 14 serious violations for the employer, many of which involve exposing workers to machinery operating parts. The inspection also found numerous electrical hazards, and workers lacked proper training in the operation of powered industrial vehicles.

**Penalty:** \$61,695 fine



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## Quick Tips for Healthy Living

**September is National Childhood Obesity Month.** Healthy decisions start at home. Planning ahead can improve your health while saving you time and money. Get children involved in planning and cooking too and you'll be surprised by how easy making healthy changes can be.

Eating nutritious meals in right-size portions will help you and your family be healthier and will give you the energy you need to get through the day. Preparing healthy meals doesn't have to be difficult or expensive—it just takes planning.

Sit down as a family and plan your healthy meals for the week, and then have everyone make suggestions for the shopping list. Kids (and adults too!) are more willing to try new foods when they help pick them.

When families sit down and eat together, children are more likely to eat more fruits and vegetables and fewer junk foods. Eating together is also a chance to model good behavior and regularly scheduled meal and snack times help kids learn structure for eating. So, keep the television off and spend time eating and talking together around the table.

[Read more about becoming a Healthy Family](#) in the kitchen.

- Use smaller plates and bowls at home.
- Buy smaller packages of snack foods.
- Don't force kids to clean their plates if they are full.
- "Batch cook" and divide prepared recipes into the number of servings specified before eating. Save or freeze leftovers.
- Measure out standard servings and always eat from a bowl or plate. Eating from the carton or bag makes it easy to lose track of your portions and can cause you and your family members to have too much.

### Construction workers exposed to falls

Construction company; staffing agency  
Texas OSHA Region 6

**Repeat and serious violations:** An OSHA inspection led to citations for a construction company and a staffing agency that supplied workers to the jobsite. The violations for the construction company included exposing workers to struck-by hazards, using a kinked wire rope to lift a load, failing to protect wire ropes from damage, and exposing employees to impalement. The repeat violation was for failing to protect employees and six temporary workers from fall hazards. The staffing agency received two serious citations for exposing workers to fall and impalement hazards at the jobsite.

**Penalty:** \$65,000 fine (construction company); \$9,000 fine (staffing agency)

### Welders and grinders face toxic metal, noise hazards

Storage tank manufacturer  
Missouri OSHA Region 7

**Serious violations:** An inspection opened under OSHA's National Emphasis Program for Hexavalent Chromium led to 12 serious citations for a storage tank manufacturer. Agency inspectors found one employee of the company exposed to hexavalent chromium at levels exceeding the permissible exposure limit (PEL) while welding and grinding steel containing chromium. Inspectors also found the company failed to implement engineering controls to reduce and monitor exposure levels among workers and did not conduct additional monitoring after expanding the production process in 2006, 2008, and 2014. The inspection also identified three workers exposed to noise levels in excess of the action level for an 8-hour shift. The company was also cited for violations of OSHA's respiratory protection standard and improperly adjusted rests on a grinder, which could expose workers to operating parts of machinery.

**Penalty:** \$74,000 fine



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*Send us an email at: [jlconnections@aol.com](mailto:jlconnections@aol.com)*

*See our bold new look*

*In Loving Memory of Jessica Lehrke*

**SAVE TOMORROW  
THINK SAFETY TODAY**