



**"Your Connection for Workplace Safety"**  
Phone: 920-208-7520

# Weekly Safety Tip

*We're about service, commitment, results, and accountability!*

## SCI Safety Tip: Safe Winter Driving Tips

Source: <http://www.insurancequotes.org> (Part 2)

Date: 2014

### The Essentials of an Emergency Road Kit

Even the smartest and safest drivers get into accidents. That's why it's crucial to be prepared for the possibility of any kind of collision or accident that could leave you and your passengers stranded on the side of a cold and possibly dangerous road. The first step is to set aside an easily accessible duffel bag or backpack.

Inside, you will want to include common car safety items like jumper cables, a flashlight and a roadside visibility kit of either reflectors or flares. If you are stranded, a small shovel, bag of sand and a set of chains are all must-haves. If you are handy, you'll also want a set of tools to repair minor damage and some sort of flag or ribbon to notify first responders or other drivers you are stuck. For about \$30, you can buy **pre-assembled winter road kits from AAA** or just assemble your own according to the types of conditions you expect to face and how far you intend to drive this winter. Here's a full list of supplies you may want to include in your kit:

- Tools: jack, lug wrench, shovel
- Chains or traction tires
- Extra car fluids: oil, washer fluid, antifreeze
- Non-clumping kitty litter, sand or de-icer
- Flares, reflectors and flags
- Road maps
- Extra warm clothes, boots, hat and gloves
- Ice scraper and snow brush
- Cell phone and car adapter
- Rechargeable flashlight
- First aid kit
- Matches or lighter
- Battery jumper cables
- Extra food and water
- Blanket/sleeping bags
- Pocket knife

***Our Weekly Safety Tip provides valuable and current safety information relevant for Work, Home & Play.***

***And, you will be kept current on the latest Safety Compliance issues.***



**SCI SAFETY NEWS OR TIP**



**SCI OSHA NEWS OR COMPLIANCE**



**SCI HEALTHYLIVING and WELLNESS NEWS**

**We want to hear from you! Send us your feedback and give us ideas for future safety topics.**

**Let us know how you feel about our new look!**

**Safety Slogan**

**Drive to live!**

**James Lehrke-SCI**

**of the week**

### Winter Car Accidents, Liability and Your Insurance

It's difficult to predict how fault will be determined in any given accident, but it's important for policyholders to remember insurance providers aren't in the business of cutting you more slack just because collisions happen during the winter holiday season. Even if you can't necessarily prevent sliding on that patch of black ice, you'll still be held liable for any collisions that result. According to the Oregon Department of Consumer and Business Services, you **can be held liable** for an accident you cause by sliding into an intersection.

During the holidays, many of us loan our cars to visiting relatives and friends to go shopping, sightseeing or visiting. So, what happens if the driver borrowing our car causes an accident with our car? Actually, insurance follows the car, not the driver. If you've got a standard comprehensive and collision insurance policy, it's **your insurance covering the damages**. That means it's *your* premiums and *your* risk-rating that is affected by the wreck your cousin causes in your car, regardless of if he has a policy of his own. It's important to carefully read your policies terms on other drivers and liability before loaning out your car. Of course, the same liability standards do not apply if your car is borrowed without your permission or stolen.

Another misconception among policyholders is that coverage levels cannot change on a month to month basis. This is not true. If you have a vehicle that you don't drive much in the winter, you can reduce a comprehensive coverage plan on this car for the winter months. In these cases, policyholders can opt to remove liability coverage, personal injury protection and collision coverage from their standard plans.

That said, if you plan on driving your car at all during the winter months, you'll need to meet your state's minimum coverage requirements. Be sure to contact your local Department of Motor Vehicles or your insurance agent to be sure that your coverage is adequate for your vehicle and it's level of use.

## SCI Hunter's Safety: Four Basic Rules of Firearm Safety

Source: <http://dnr.wi.gov/topic/hunt/huntSafetyTips.html>

Date: August 14, 2014

As you join thousands of hunters heading into the woods, fields and marshes during the fall hunting seasons, Wisconsin DNR safety experts remind you to review and think about firearm safety each and every time you head out.

Essential to any responsible hunting trip is an ironclad adherence to the four basic rules of firearm safety that can be easily remembered using the TAB-K formula.

**T = Treat every firearm as if it is loaded.** Never assume a firearm is unloaded and never treat it that way, even if you watch as it is unloaded. Make it a habit to treat guns like they are loaded all the time.

**A = Always point the muzzle in a safe direction.** About one third of all hunting incidents are self inflicted injuries. That means the muzzle was pointed at some part of the hunter's body. A safe direction is a direction where the bullet will travel and harm no one in the event of an unwanted discharge. There are no accidental discharges with firearms, only unwanted discharges.

**B = Be certain of your target and what's beyond it.** Positive target identification is a must. To shoot at something you only think is a legal target is gambling. In the case of human injury, that means gambling with human life. You must be absolutely certain and correct in judgment before deciding to shoot. Otherwise, it's reckless behavior. In addition to identifying the target, a hunter must know that a safe backstop for their bullet is present in every shooting situation. We don't always hit our target, and, in some cases, the bullet passes through the target. A safe backstop guarantees that no one will get hurt.

**K = Keep your finger outside the trigger guard until ready to shoot.** If a hunter stumbles with a firearm in one hand and nothing in the other, whatever that person does with their free hand will automatically happen with the hand holding the gun. If a finger is inside the trigger guard, that hand is likely going to close around the pistol grip of the gun and on the trigger causing an unwanted discharge.

Planning your fall hunting trip also means having your gear in proper working order. Firearms should be cleaned and closely inspected for any signs of mechanical wear that could result in a problem in the field. Firearms aren't the only items that need to be checked well in advance of a hunting trip. Clothing and other equipment should also be inspected for signs of wear and tear. Anything that might cause you to compromise safety should be repaired, discarded or replaced. Blaze orange clothing that has faded over time, a jacket that doesn't fit right or a scope that isn't adjusted correctly can compromise your safety and the safety of others. Have a safe and enjoyable hunt!

## HEALTHY BITES

## Quick Tips for Healthy Living

**PREVEA**  
*Health & Wellness*

## Sciatica

Sciatica is a symptom of a problem with the sciatic nerve, the largest nerve in the body. It controls muscles in the back of your knee and lower leg and provides feeling to the back of your thigh, part of your lower leg, and the sole of your foot. When you have sciatica, you have pain, weakness, numbness, or tingling. It can start in the [lower back](#) and extend down your leg to your calf, foot, or even your toes. It's usually on only one side of your body.

Causes of sciatica include

- A [ruptured intervertebral disk](#)
- Narrowing of the spinal canal that puts pressure on the nerve, called [spinal stenosis](#)
- An injury such as a pelvic fracture.

In many cases no cause can be found.

Sometimes sciatica goes away on its own. Treatment, if needed, depends on the cause of the problem. It may include exercises, medicines, and surgery.

The Lehrke Family Scholarship Fund Is Up & Running It's 2015 Fundraiser In Memory of the Lehrke Family Children - Jessica, Nick & Kristin – Our Theme – “ Help Us Help Others “



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*In Loving  
Memory of Jessica Lehrke*

