



“Your Connection for Workplace Safety”
Phone: 920-208-7520

We're about service, commitment, results, and accountability!

Our Weekly Safety Tip provides valuable and current safety information relevant for Work, Home & Play.

And, you will be kept current on the latest Safety Compliance issues.



SCI SAFETY NEWS OR TIP



SCI OSHA NEWS OR COMPLIANCE



SCI HEALTHYLIVING and WELLNESS NEWS

We want to hear from you! Send us your feedback and give us ideas for future safety topics.

Let us know how you feel about our new look!

Safety Slogan

Our Goal...Zero Harm

**James Lehrke-SCI
Of the week**

SCI Safety Tip: CDC Says Cell Phone 'Fatal Distraction' for Drivers

Source: <http://www.blr.com>

Date: May 15, 2013

Your company has rules about employees talking on their phones and texting while driving, but are they following them?

New data from the Centers for Disease Control and Prevention (CDC) show that 69 percent of U.S. drivers talked on their cell phone while driving in the 30 days before they were surveyed. And 31 percent said they had read or sent text messages or e-mails while driving.

"The cell phone can be a fatal distraction for those who use it while they drive," said CDC Director Thomas Frieden. "Driving and dialing or texting don't mix. If you are driving, pull over to a safe place and stop before you use your cell phone."

CDC is not the only organization concerned. The National Safety Council urges drivers to:

- Stop using cell phones while driving.
- Understand the dangers of the cognitive distraction to the brain.
- Inform people who call while driving that you'd be happy to continue the conversation once you have reached your destination.
- Tell others about the dangers of cell phone distracted driving.

Employers Urged to Act, Too

Jim Evans, president of the human resources consulting firm JK Evans & Associates, LLC, pointed out in an article in *USA Today* last year that some bosses turn a blind eye to cell phone use behind the wheel. Others don't want to cut into their employees' productivity.

"Regardless of the reasons and rationalizations not to have a distracted driving policy, the time has come for all businesses to draft and adopt one." Many states have taken the lead by passing no-texting or similar laws.

Evans urges employers to "dust off the old cell phone policy or unwritten practices and revisit whether employee safety and employer liability is at risk."

SCI Health Tip: Food Allergies: What You Need to Know (Part 2)

Source: <http://www.fda.gov>

Date: April 17, 2013

Know the Symptoms

Symptoms of food allergies typically appear from within a few minutes to two hours after a person has eaten the food to which he or she is allergic.

Allergic reactions can include:

Hives	Coughing or wheezing
Flushed skin or rash	Dizziness and/or lightheadedness
Tingling or itchy sensation in the mouth	Swelling of the throat and vocal cords
Face, tongue, or lip swelling	Difficulty breathing
Vomiting and/or diarrhea	Loss of consciousness
Abdominal cramps	

About Other Allergens

Persons may still be allergic to — and have serious reactions to — foods *other* than the eight foods identified by the law. So, always be sure to read the food label's ingredient list carefully to avoid the food allergens in question.

SCI OSHA Compliance: I2P2: It's on OSHA's Mind, Is It on Yours?

Source: www.blr.com

Date: May 8, 2013

Injury and illness prevention is always a big issue for safety professionals especially when incidents result in days away from work. Many companies are responding with injury and illness prevention plans.

According to BLS, the total number of injury and illness cases requiring days away from work to recuperate was in 2011 (the most recent year for which such statistics are available) was 1,181,290. The median days away from work was 8 days.

Some other interesting stats:

- The severity of injury to men was greater than that to women; men required a median of 10 days to recuperate compared with a median of 7 days for women.
- Among private industry workers, injuries and illnesses to workers with 1-5 years of service with an employer accounted for 35 percent of the cases. However, the number of cases involving days away from work increased for workers with fewer than 3 months of service (up 3 percent from the previous year) and 3-11 months of service (up 7 percent).
- Musculoskeletal disorder (MSD) cases (387,820) accounted for 33 percent of all injury and illness cases in 2011. The median days away from work to recuperate from MSDs was 11 days.

One of the items on OSHA's regulatory agenda for 2013 and beyond is the development of a federal Injury and Illness Prevention Program (I2P2) standard.

OSHA Chief Dr. David Michaels has said of the I2P2 plan:

- "We know we do not have, nor will we ever have, enough inspectors in every workplace to ensure all health and safety rules and best practices are followed all the time."
- "Instead of waiting for an OSHA inspection or a workplace tragedy to address workplace hazards, employers would be required to create a plan for identifying and remediating hazards. and then implement this plan."

- "I believe it has the potential to change the culture of workplaces across America..."

Of course, I2P2s or written safety plans are not new. California adopted "SB 198" over 20 years ago, and at least 8 states have written safety plan requirements including California, Hawaii, Michigan, Nebraska, Nevada, North Carolina, Oregon, and Washington.

Planning Your Plan

According to Don Dressler, a consultant who focuses on safety, employment and human resources issues, accident investigations, OSHA compliance, and workers' compensation (www.dondressler.com), I2P2 plans typically:

- Assign responsibilities for safety
- Specify how you communicate with employees about safety
- Describe how employee compliance with safety is assured
- Define how hazards are inspected
- Specify accident investigation procedures
- Call for a hazard correction process
- Plan safety training
- Detail recordkeeping requirements

SCI Announces New Partner (You Be The Judge)



Teri Rutledge
CEO | Sr. Director,
Language Services

Teri Rutledge is a twenty year veteran of the language service industry – Her education, at both the University of Northern Colorado and Front Range College, and experience working as a certified interpreter, lead her to develop a keen understanding of the business while assisting in the growth of other companies. An entrepreneur at heart and driven by her love of languages she became the CEO of More than Words, a leading provider of translation & interpreting services - from the manufacturing, healthcare and insurance sectors to government agencies and individuals worldwide. She is a key point of contact for companies looking to expand their businesses globally. She works with clients to provide innovative solutions and direction for their language needs while always keeping customer satisfaction and professionalism as a cornerstone of the business. You can reach Teri directly at **More than Words Interpreting**, Glendale, WI [414-581-4557](tel:414-581-4557) or by email tmr@morethanwordsinterpreting.com | www.morethanwordsinterpreting.com

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What do you think?
Send us an email at:
jlconnections@aol.com
See our bold new look @
<http://www.safetyconnections.com/>

*In Loving
Memory of Jessica Lehrke*

“Saving Green by Going Green” Tip of the Week

Did you know that you can save money by installing motion sensors on lights? Consider installing them in places that are rarely used like conference, storage, or bathrooms. That initial cost of less than \$20 can be recovered in no time while you are also saving electricity. For more help saving green by going green email Laura@safetyconnections.com