



"Your Connection for Workplace Safety"
Phone: 920-208-7520

Weekly Safety Tip

We're about service, commitment, results, and accountability!

SCI Safety Tip: Swim Safety

Source: <http://www.redcross.org>

Our Weekly Safety Tip provides valuable and current safety information relevant for Work, Home & Play.

And, you will be kept current on the latest Safety Compliance issues.



SCI SAFETY NEWS OR TIP



SCI OSHA NEWS OR COMPLIANCE



SCI HEALTHYLIVING and WELLNESS NEWS

We want to hear from you! Send us your feedback and give us ideas for future safety topics.

Let us know how you feel about our new look!

Safety Slogan
Accidents Big Or Small, Avoid Them All
James Lehrke-SCI
of the week

Swimming is a great recreational sport that can be enjoyed by people of all ages. But it's important to know how to be safe while you're in the water. The American Red Cross offers these important swimming safety tips you should be aware of before you head out to the pool or beach:

- Swim in designated areas supervised by lifeguards.
- Always swim with a buddy; do not allow anyone to swim alone.
- Never leave a young child unattended near [water](#) and do not trust a child's life to another child; teach children to always ask permission to go near water.
- Have young children or inexperienced swimmers wear U.S. Coast Guard-approved life jackets around water, but do not rely on life jackets alone.
- Maintain constant supervision.
- Make sure everyone in your family learns to swim well. Enroll in age-appropriate Red Cross water orientation and [learn-to-swim courses](#).
- If you have a pool, secure it with appropriate barriers. Many children who drown in home pools were out of sight for less than five minutes and in the care of one or both parents at the time.
- Avoid distractions when supervising children around water.
- If a child is missing, check the water first. Seconds count in preventing death or disability.
- Have appropriate equipment, such as reaching or throwing equipment, a cell phone, life jackets and a first aid kit.
- Know how and when to call 9-1-1 or the local emergency number.
- Enroll in Red Cross [home pool safety](#), [water safety](#), [first aid and CPR/AED](#) courses to learn how to prevent and respond to emergencies.
- Protect your skin. Limit the amount of direct sunlight you receive between 10:00 a.m. and 4:00 p.m. and wear sunscreen with a protection factor of at least 15.
- Drink plenty of water regularly, even if you're not thirsty. Avoid drinks with alcohol or caffeine in them.

SCI OSHA News: UPDATED: OSHA Announces Final Rule for Electric Power Generation (Part 2)

Source: www.blr.com

Date: July 3 2014

Requirements effective April 1, 2015

- Qualified workers must use fall protection when climbing or changing location on poles, towers, or other structures.
- Work-positioning equipment must be rigged so that workers can free fall no more than two feet.
- Employers must provide workers exposed to hazards from electric arcs with protective clothing and other equipment with an arc rating greater than or equal to the estimated heat energy.
- Employers must adhere to the revised minimum approach distances detailed in the appendices to the standard.
- Employers must provide workers exposed to electric arc hazards with protective clothing and equipment with an arc rating greater than or equal to the estimated heat energy to which he or she could be exposed during an electric arc incident.

SCI Compliance: The Pitfalls of Noncompliance

Source: <http://www.blr.com>

Date: July 9, 2014

Two companies fined following temporary worker injury

Bottling plant (New Jersey) OSHA Region 2 **Willful, repeat, and serious violations:** After a temporary worker was injured falling from a ladder at a bottling plant, OSHA inspected the facility and cited the beverage manufacturing company with one willful, one repeat, and 17 serious safety and health violations. The willful violation, carrying a \$54,450 penalty, was for not providing employees with annual audiograms. The repeat violation, carrying a \$13,860 penalty, was for the company's failure to provide proper machine guarding. Serious violations included failing to develop and implement an emergency response plan for employees required to respond to spills of hazardous substances; failing to ensure exit routes were adequate; failing to utilize lockout/tagout procedures; failing to implement a hazard communication program; failing to remove powered industrial trucks in need of repair from service; and failing to label spray bottles containing hazardous chemicals. In addition, the staffing agency that supplied labor to the beverage manufacturer was cited for two serious violations, involving failure to conduct a hazard assessment of the workplace and failure to ensure that employees were informed about noise hazards and protective methods.

Penalty: \$171,270 fine (host employer); \$11,000 fine (staffing agency)

Five companies cited following warehouse fatality

Fulfillment center (New Jersey)

OSHA Region 2 **Serious violations:** In December 2013, a temporary worker died from injuries sustained after he was caught between a conveyor system and crushed while performing sorting operations. OSHA cited five companies for serious violations following the incident, including the contractor that operated the facility and four temporary staffing agencies. The contractor was cited with a serious violation for not certifying that a hazard assessment had been conducted at the facility. The four staffing agencies were each cited with one serious violation for failure to perform a hazard assessment before assigning workers to the facility. Each company involved faces \$6,000 in fines.

Penalty: \$30,000 fine (total)

Worker killed after a week on the job

Construction contractor (Florida)

OSHA Region 4 **Serious violations:** In January, an 18-year-old worker who had been on the job for just a week was crushed to death when a bridge panel fell on him. OSHA cited the construction contractor that employed him with 14 serious violations, including failure to provide fall protection, failure to provide instruction to recognize and avoid unsafe conditions associated with improperly secured bridge panels, and failure to provide employee training to recognize struck-by hazards. Brian Sturtecky, OSHA's area director in Jacksonville, Florida, commented, "This young man didn't even earn his first paycheck . . . when he paid the ultimate price of working on a mismanaged project."

Penalty: \$72,000 fine

Temporary workers exposed to serious hazards

Cereal manufacturer Georgia OSHA Region 4 **Serious violations:** A cereal manufacturing facility has been cited with nine serious safety and health violations for exposing both temporary and permanent workers to numerous hazards. According to OSHA, the employer failed to provide workers with training to protect themselves from moving machine parts during servicing and maintenance activities and exposed workers to fall hazards. In addition, the company failed to institute a monitoring and training program for occupational noise exposure to prevent permanent hearing loss from unsafe noise levels.

Penalty: \$40,600 fine

Failure to abate leads to 6-figure fines

Sawmill Texas OSHA Region 6 **Failure to abate and repeat violations:** A follow-up inspection of a sawmill led to seven failure-to-abate violations and six repeat violations after the company failed to fix previously cited hazards. The failure-to-abate violations, carrying a penalty of \$98,640, were for continuing to expose employees to electrical hazards and unguarded machinery. Repeat violations included failing to provide fall protection and guard belts, pulleys, and the point of operation of machines, and failing to follow listing and labeling instructions on electrical equipment, electrical disconnects for motors, and branch circuits.

Penalty: \$125,282 fine

Workers exposed to dangerous carbon dioxide levels

Food processing plant (Louisiana) OSHA Region 6 **Willful, repeat, and serious violations:** A food processing plant has been cited with 16 safety and health violations, including one willful and one repeat violation. The willful violation carries a penalty of \$38,500 and was issued for exposing workers to carbon dioxide levels deemed life-threatening. The employer failed to implement controls to reduce carbon dioxide levels in the plant and provide workers with adequate respiratory protection. The repeat violation was for failing to ensure an electrical panel box was enclosed to prevent worker exposure to live electrical wires. The remaining violations, all classified as serious, include failing to guard moving machine parts; conduct annual inspections of lockout/tagout procedures; provide PPE; properly identify respiratory hazards; and include safety data sheets for carbon dioxide, sanitizer, and boiler water treatment.

Penalty: \$121,660 fine

HEALTHY BITES

Quick Tips for Healthy Living

PREVEA

Dementia

Dementia is the name for a group of symptoms caused by disorders that affect the brain. It is not a specific disease. People with dementia may not be able to think well enough to do normal activities, such as getting dressed or eating. They may lose their ability to solve problems or control their emotions. Their personalities may change. They may become agitated or see things that are not there.

Memory loss is a common symptom of dementia. However, memory loss by itself does not mean you have dementia. People with dementia have serious problems with two or more brain functions, such as memory and language. Although dementia is common in very elderly people, it is not part of normal aging.

Many different diseases can cause dementia, including [Alzheimer's disease](#) and [stroke](#). Drugs are available to treat some of these diseases. While these drugs cannot cure dementia or repair brain damage, they may improve symptoms or slow down the disease.

NIH: National Institute of Neurological Disorders and Stroke



What do you think?
Send us an email at:
jlconnections@aol.com
See our bold new look @
<http://www.safetyconnections.com/>

In Loving
Memory of Jessica Lehrke