



“Your Connection for Workplace Safety”
Phone: 920-208-7520

We're about service, commitment, results, and accountability!

SCI Safety Tip: Safe Bicycling Safety Facts and Tips (Part 2)

Source: <http://www.nsc.org>

Our Weekly Safety Tip provides valuable and current safety information relevant for Work, Home & Play.

And, you will be kept current on the latest Safety Compliance issues.



SCI SAFETY NEWS OR TIP



SCI OSHA NEWS OR COMPLIANCE



SCI HEALTHYLIVING and WELLNESS NEWS

We want to hear from you! Send us your feedback and give us ideas for future safety topics.

Let us know how you feel about our new look!

Safety Slogan

Safety Starts with YOU!

James Lehrke-SCI

of the week

- Make sure the bicycle has the right safety equipment: a red rear reflector; a white front reflector; a red or colorless spoke reflector on the rear wheel; an amber or colorless reflector on the front wheel; pedal reflectors; a horn or bell; and a rear view mirror. A bright headlight is recommended for night riding.
- Wear a helmet. Head injuries cause about two-thirds of all bicycling fatalities. The Council strongly urges all cyclists to wear helmets. The first body part to fly forward in a collision is usually the head, and with nothing but skin and bone to protect the brain from injury, the results can be disastrous.
- In March 1999, the U.S. Consumer Product Safety Commission (CPSC) issued a uniform, mandatory federal safety standard for all bike helmets. All helmets manufactured or imported for sale in the U.S. must carry a label or sticker stating that they meet the requirements of the new standard. Cyclists who currently have a helmet that meets the ASTM, ANSI or Snell standards do not need to rush out to buy a new one; these helmets provide adequate protection. However, when it's time to replace a helmet because it has been outgrown or damaged in a crash, buying a helmet that meets the CPSC standard is recommended. The helmet should fit securely and should be worn low and near the eyebrows—not back on the forehead.

A properly designed helmet has four characteristics:

- A stiff outer shell designed to distribute impact forces and protect against sharp objects
- An energy-absorbing liner at least one-half inch thick
- A chin strap and fastener to keep the helmet in place
- It should be lightweight, cool in hot weather and fit comfortably

There is no limit to the fun and exercise gained from bicycling. Being careful will give riders safer trips and a greater peace of mind.

SCI Salutes Our Men and Women in Uniform May is National Military Appreciation Month

Source: <http://www.military.com/military-appreciation-month>

Congress designated May as National Military Appreciation Month in 1999 to ensure the nation was given the opportunity to publically demonstrate their appreciation for the sacrifices and successes made by our servicemembers - past and present. Each year the president makes a proclamation, reminding Americans of the important role the U.S. Armed Forces have played in the history and development of our country.

May was selected because it has most days set aside for celebrating and commemorating our military's achievements. These days include Loyalty Day, which was established in 1921, Victory in Europe (VE) Day commemorating the end of WWII in Europe on May 8, 1945, Armed Forces Day created in 1949, [Military Spouse Appreciation Day](#) established in 1984, and of course the best known of the May holidays, [Memorial Day](#).

Memorial Day, is the only federal holiday in May and is celebrated on the last Monday of the month. The day, dating from the Civil War era, traditionally has marked recognition of those who have died in service to the nation. Each year on Memorial Day, the White House Commission on Remembrance promotes one minute of silence at 3 p.m. local time to honor the military's fallen comrades and to pay tribute to the sacrifices by the nation's service members and veterans.



SCI Safety HazCom Compliance: Good for Your Employees—and Your Bottom Line (Part 2)

Source: <http://www.blr.com>

Date: May 8, 2014

HazCom 2012 compliance basics

OSHA anticipates the revised standard, known as HazCom 2012, will prevent 43 fatalities and 521 injuries and illnesses annually, with a net savings of over \$507 million a year.

The revised standard is expected to affect every U.S. workplace with exposure to hazardous chemicals. These changes will ultimately impact over five million facilities and over 40 million workers.

For companies that use chemicals (and do not manufacture, import, or distribute them), GHS compliance primarily centers around training. By December 1 of 2013, employers were required to train their workers to understand the new label format and 16-section SDS that will be gradually phased in as chemical manufacturers update their materials. When employers receive new labels and

SDSs for chemicals they use, they must train workers on any newly identified hazards. Any necessary changes to secondary workplace labeling systems or written hazard communication plans must be completed by June 1, 2016.

For manufacturers, importers, and distributors of chemicals, the transition is more complex. In addition to establishing hazard communication programs for their workers, chemical manufacturers and importers employers also must:

- Identify the relevant data regarding the hazards of chemicals they produce or import;
- Review the data to determine the hazards associated with the chemical;
- Decide whether the chemical will be classified as hazardous according to OSHA's definition;

- Determine the degree and category of hazard(s) by comparing the data with OSHA's criteria for physical and health hazards;
- Reauthor all SDSs by June 1, 2015, using the new required 16-section format; *and*
- Create GHS-compliant labels (including signal word, pictograms, hazard statements, and other required elements) by June 1, 2015.

Chemical distributors have until December 1, 2015, to ensure that all shipments of chemical containers include GHS-compliant labels.

Benefits for the bottom line

GHS compliance can deliver much more than hazard protection, Chappelle advises. With the current business focus on sustainability, a strong GHS-compliant HazCom program demonstrates responsible product stewardship. SDSs represent an opportunity to help downstream customers comply with the law and protect employees. Making them as comprehensive and easy to use as possible provides good customer relations for the chemical producer.

As well, cleaning up a chemical inventory gives a company an opportunity to operate in a "greener" or more sustainable way by considering what hazardous chemicals are essential and which ones may be substituted for safer alternatives. It also offers a platform for communicating with executives about what chemicals are in use at a company's facilities.

A comprehensive chemical review initiative helps identify new workplace hazards. Also, creating an orderly and up-to-date chemical list can be a good indicator to regulators that the rest of your safety and health program is orderly and compliant as well. And it provides a strong basis for chemical hazard training.

HEALTHY BITES

Quick Tips for Health

PREVEA
Health & Wellness

Fatigue

You're tired, weak, exhausted, weary, worn out. You have a lack of energy and as a result you feel distressed. You're not functioning as well as you should. It's called fatigue, and everyone feels it at times.

Acute fatigue is normal tiredness with occasional symptoms that begin quickly and last for a short time. Rest may help ease acute fatigue and let you return to your normal activities. [Chronic fatigue syndrome](#) (CFS) is a disorder that causes extreme fatigue. This fatigue is not the kind of tired feeling that goes away after you rest. Instead, it lasts a long time and limits your ability to do ordinary daily activities. Fatigue may also accompany other conditions, including pregnancy, anemia, or cancer, or may result from medicines or emotional problems.

Fatigue is a common symptom. Your health care provider can help find the cause and recommend ways to relieve it.



What do you think?
Send us an email at:
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See our bold new look @
<http://www.safetyconnections.com/>

*In Loving
Memory of Jessica Lehrke*