



Weekly Safety Tip

“Your Connection for Workplace Safety”

Phone: 920-208-7520

We're about service, commitment, results, and accountability!

Our Weekly Safety Tip provides valuable and current safety information relevant for Work, Home & Play.

And, you will be kept current on the latest Safety Compliance issues.



SCI SAFETY NEWS OR TIP



SCI OSHA NEWS OR COMPLIANCE



SCI HEALTHYLIVING and WELLNESS NEWS

We want to hear from you! Send us your feedback and give us ideas for future safety topics.

Let us know how you feel about our new look!

Safety Slogan

**An ounce of prevention
is worth a pound of cure
James Lehrke-SCI**

of the week

SCI Safety Tip: Worker Safety and Maintenance? What's the Connection?

Sources: <http://www.blr.com>

Date: January 16, 2013

What's the relationship between keeping people safe and keeping equipment is safe? Does better maintenance really yield better safety? That's the topic of today's Advisor.

There are three types of maintenance:

- **Routine or preventive maintenance** is conducted to keep equipment working and/or extend its life. An example is a scheduled overhaul or replacement.
- **Corrective maintenance** gets broken equipment up and running again.
- **Predictive maintenance** involves the use of various types of tests to indicate that maintenance is or will soon be needed.

There are risks for employees working on or near improperly maintained equipment or in poorly maintained facilities. Many accidents, including machine incidents and slips, trips, and falls, are the result of a lack of maintenance or poor quality maintenance.

But there are also risks to those who perform workplace maintenance. The Scottish safety organization Healthy Working Lives estimates that in Great Britain between 25% and 30% of all manufacturing deaths are linked to maintenance activity.

According to the most recent Bureau of Labor Statistics job fatality report, deaths in this category in the United States were up 14% in 2011, the highest level since 2006.

Among the reported risks:

- Falls from working at heights
- Confined spaces or harsh environments associated with accessing equipment
- Shocks and burns if power is not properly isolated
- Injuries from moving machine parts
- Musculoskeletal problems related to exerting force or working in awkward spaces
- Exposure to asbestos, chemicals, dust, and excessive noise.

Clearly, those who perform maintenance tasks in the workplace to protect other workers need protection themselves in the form of training, safe work procedures, protective equipment, and the cooperation of other employees, supervisors, and management.

What Can You Do?

How can you make your maintenance activities safer and more productive in terms of cost savings and improved workplace safety?

Dale Ekmark, senior consultant for the global maintenance consultation firm IDCON emphasizes focusing on the basics and offers the following tips:

- Emphasize planning and scheduling on every maintenance task. Maintenance that is planned and scheduled is by nature less risky than middle-of-the-night emergency repairs.
- Invest in affordable technology such as a thermographic camera (around \$1,000). These cameras are used to detect variations of temperature that can reveal when a machine motor is not running properly.
- Make sure leaders consistently convey the right message. Employees need to be told the accidents happen as a result of short cuts, such as failing to lock out a piece of equipment before performing maintenance.
- Teach workers to intervene. If someone walks by a piece of equipment that's making an unusual noise and fails to inform a supervisor, it's the same as ignoring a co-worker who is working unsafely.
- Get employees engaged and accountable. This can lead to culture change in which safety is part of everything that's done at the plant, not solely the responsibility of the safety and maintenance departments.

SCI OSHA News: OSHA releases 2013 targeted inspection plan to protect federal workers

Source: <http://www.osha.gov>

Date: January 24, 2013

WASHINGTON – The Occupational Safety and Health Administration has issued its annual inspection plan of federal agency establishments under its [Federal Agency Targeting Inspection Program](#)* directive for fiscal year 2013. FEDTARG directs programmed inspections of federal agency establishments where a high number of employees have been absent due to injuries they incurred at work.

The directive outlines the procedures for carrying out programmed inspections at these federal worksites. OSHA will inspect all establishments reporting 100 or more cases where a worker is away from work due to injury during fiscal year 2012; 50 percent of those establishments reporting 50 to 99 cases; and 10 percent of those reporting 20 to 49 cases. The FEDTARG13 directive clarifies how OSHA develops the inspection lists and includes a new standard from U.S. Department of Agriculture's Forest Service.

The inspection targeting program began in 2008 in response to a Government Accountability Office audit report that recommended that OSHA develop a targeted inspection program for federal worksites. Executive Order 12196, Occupational Safety and Health Programs for Federal Employees, requires Federal OSHA to "conduct unannounced inspections of agency workplaces when the Secretary determines necessary if an agency does not have occupational safety and health committees; or in response to reports of unsafe or unhealthful working conditions."

OSHA's [Office of Federal Agency Programs](#) provides leadership and guidance to the heads of federal agencies to assist them with their occupational safety and health responsibilities.

Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA's role is to ensure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit <http://www.osha.gov>.

HEALTHY BITES

Quick Tips for Healthy Living



Cereal

Cold cereal comes in hundreds of varieties and is an easy and convenient breakfast, but how healthy is your favorite kind? Many cereals are loaded with added sugars. The key to finding a healthy cereal you enjoy is looking for healthful ingredients such as whole grains, little or no added sugars and no saturated fat or trans fat.

Whole-grain cereals can contain dietary fiber, which is good for your digestive system, so look for cereals that contain at least 2.5 grams or more of dietary fiber. Remember to check the serving size listed at the top right of the label. Keep in mind that cereals with dried fruit will have more added sugars.

SCI Environmental Tip: Guide to the EPA Rules That Regulate Your ASTs (Part 2)

Source: <http://www.blr.com>

Date: January 18, 2013

CERCLA

CERCLA updated the National Contingency Plan (NCP), which outlines how the different federal agencies respond to hazardous substance releases and conduct response actions. A release of a CERCLA hazardous substance in quantities equal to or greater than its reportable quantity must be immediately reported to the National Response Center. Such releases are also subject to state and local reporting under EPCRA.

Oil Spill Prevention

The OPA was included in amendments to the CWA and established a stringent program for oil spill prevention and response. This required that facilities that store regulated quantities of oil must have containment structures and spill response plans.

SPCC Plans

Under the CWA, the EPA requires that regulated oil storage facilities develop and implement SPCC plans. In addition to the CWA requirements, the federal OPA requires that facilities detail and implement spill prevention and control measures in their plans.



What do you think?
Send us an email at:
jconnections@aol.com
See our bold new look @
<http://www.safetyconnections.com/>

*In Loving
Memory of Jessica Lehrke*

Just a reminder...

OSHA 300A's - Posting requirement coming soon Just a reminder to start acquiring your **2012 annual employee work hours and employee counts** so that you can complete your OSHA 300A Summaries of Occupational Injuries and Illnesses. Transfer your OSHA 300 log column totals and have the highest ranking company official sign and date. Post it in a place where all employees may have access. This is to be posted from Feb 1st to April 30th. Do not post the OSHA 300 log, just the 300A.