

## fitness

Family Health & Fitness Day USA September 24, 2016



Here are some of our team members sharing how they participated in the 20th annual Health & Fitness Day. The event's purpose is to promote family involvement in physical activity.













- 1) Jayne Preuss with family and friends at the UMDF Energy for Life Walkathon at Greenfield Park.
- 2) Sarah Kealy biking the Glacial Drumlin trail with two of her sisters.
- 3) Kathy Fredrich's scarecrow she made with her husband at Harvest Fest.
- 4) Nicole Kirsten's son Cormick (age 2) at Lambeau Field. He walked on his own the entire tour!
- 5) Martina Earney, her son, his fiancé and four legged friends at Fromm's Pet Fest.
- 6) Marlys Maciona walking on Waikiki Beach (with her sister) in Honolulu visiting for the CPCU Annual Meeting.