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Weekly Safety Tip

Life Is All About Choices!®

December 25, 2017

SCI Safety Statistics: Statement from OSHA Regarding Fatal Occupational Injuries in 2016

Source: http://www.osha.gov
Date: December 19, 2017

WASHINGTON, DC – The Bureau of Labor Statistics' Census of 2016 Fatal Occupational Injuries reports there were 5,190 workplace fatalities in 2016, a 7-percent increase from 2015. The fatal injury rate also increased from 3.4 per 100,000 full-time equivalent workers in 2015 to 3.6 in 2016.

More workers lost their lives in transportation incidents than any other event in 2016, accounting for about one out of every four fatal injuries. Workplace violence injuries increased by 23 percent, making it the second most common cause of workplace fatality. Today's report also shows the number of overdoses on the job increased by 32 percent in 2016, and the number of fatalities has increased by at least 25 percent annually since 2012.

Loren Sweatt, Deputy Assistant Secretary for OSHA, issued the following statement regarding the report:

"Today's occupational fatality data show a tragic trend with the third consecutive increase in worker fatalities in 2016 – the highest since 2008. *America's workers deserve better*.





Safety Connections Inc.

"The Occupational Safety and Health Administration is committed to finding new and innovative ways of working with employers and employees to improve workplace safety and health. OSHA will work to address these trends through enforcement, compliance assistance, education and training, and outreach.

"As President Trump recognized by declaring opioid abuse a Nationwide Public Health Emergency, the nation's opioid crisis is impacting Americans every day at home and, as this data demonstrates, increasingly on the job.

"The Department of Labor will work with public and private stakeholders to help eradicate the opioid crisis as a deadly and growing workplace issue."



Under the Occupational Safety and Health Act of 1970, employers are responsible for providing safe and healthful workplaces for their employees. OSHA's role is to ensure these conditions for America's working men and women by setting and enforcing standards, and providing training, education and assistance. For more information, visit www.osha.gov.

SCI OSHA Compliance: Injury Tracking Application Electronic Submission of Injury and Illness Records to OSHA

Source: http://www.osha.gov
Date: December 2017

Click on "Launch ITA" to provide OSHA your 2016 OSHA Form 300A information. The date by which certain employers are required to submit to OSHA the information from their completed 2016 Form 300A has been extended to December 15, 2017.

Who: Establishments with 250 or more employees that are currently required to keep OSHA injury and illness records, and establishments with 20-249 employees that are classified in certain industries with historically high rates of occupational injuries and illnesses. Note that the following OSHA-approved State Plans have not yet adopted the requirement to submit injury and illness reports electronically: CA, MD, MN, SC, UT, WA and WY. Establishments in these states are not currently required to submit their summary data through the ITA. Similarly, state and local government



establishments in IL, ME, NJ, and NY are not currently required to submit their data through the ITA. Contact information for each of the State Plans can be found at https://www.osha.gov/dcsp/osp/states.html.

What: Covered establishments with 250 or more employees must electronically submit information from OSHA Forms 300 (Log of Work-Related Injuries and Illnesses), 300A (Summary of Work-Related Injuries and Illnesses), and 301 (Injury and Illness Incident Report). Covered establishments with 20-249 employees must electronically submit information from OSHA Form 300A.

When: The requirement became effective on January 1, 2017. The new reporting requirements will be phased in over two years. In 2017, all covered establishments must submit information from their completed 2016 Form 300A by December 15, 2017. In 2018, covered establishments with 250 or more employees must submit information from all completed 2017 forms (300A, 300, and 301) by July 1, 2018, and covered establishments with 20-249 employees must submit information from their completed 2017 Form 300A by July 1, 2018. Beginning in 2019 and every year thereafter, covered establishments must submit the information by March 2.



How: OSHA will provide a secure website that offers three options for data submission. First, users will be able to manually enter data into a web form. Second, users will be able to upload a CSV file to process single or multiple establishments at the same time. Last, users of automated recordkeeping systems will have the ability to transmit data electronically via an API (application programming interface). We will provide status updates and related information here as it becomes available.

Aurora Health Care® Quick Tips for Healthy Living

Sweets

Many People consume more sugar than they realize. It's important to be aware of how much sugar you consume because our bodies don't need sugar to function properly. Added sugars contribute zero nutrients but many extra calories that can lead to extra pounds.

The American Heart Association notes that one 12 ounce can of cola contains about 8 teaspoons of sugar, or about 130 calories. Just one can contains more than the recommended amount of no more than 100 calories per day from added sugars for women.

Tip: Try fruit instead of sweets. Treat yourself to your favorite fruit you don't buy as often such as blueberries, blackberries, fresh pineapple, mango, etc.

Source:
American Heart Association. Sugars 101
http://americanheart.org/presenter.

At the sound of the tolling midnight bell
a brand new year will begin.

Let's raise our hopes in a confident toast,
to the promise it ushers in.

May your battles be few, your pleasures many,
your wishes and dreams fulfilled.

May your confidence stand in the face of loss
and give you the strength to rebuild.

May peace of heart fill all your days
may serenity grace your soul.

May tranquil moments bless your life
and keep your spirit whole.

We'd always like your feedback. Let us know what articles you'd like to see!

SAVE TOMORROW

SAFETY TODAY

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