



“Our mission is driven by our passion for people.”

We're about service, commitment, results, and accountability!

Weekly Safety Tip

June 25, 2018

SCI Safety Tip: Cal/OSHA Reminds Employers to Protect Workers from *Heat*

Source: <http://www.ehstoday.com>

By: EHS Staff

Date: June 22, 2018

A new statement released by Cal/OSHA is warning all employers to keep workers safe after the National Weather Service released a forecast indicating triple-digit temperatures for the state as summer begins.

Cal/OSHA is reminding workers to take preventative cool-down breaks in the shade as temperatures rise throughout California.

“During heat waves, employers must closely observe their employees for signs and symptoms of heat illness,” said Cal/OSHA Chief Juliann Sum, in a statement. “As always, workers should be encouraged to drink water frequently and take preventative cool-down rest breaks in the shade when they feel the need to do so.”

California’s heat illness prevention regulation requires employers with outdoor workers to take the following four steps to prevent heat illness:

- Plan – Develop and implement an effective written heat illness prevention plan that includes emergency response procedures.
- Training – Train all employees and supervisors on heat illness prevention.
- Water – Provide drinking water that is fresh, pure, suitably cool and free of charge so that each worker can drink at least 1 quart per hour, and encourage workers to do so.
- Shade – Provide shade when workers request it and when temperatures exceed 80 degrees. Encourage workers to take a cool-down rest in the shade for at least five minutes. They should not wait until they feel sick to cool down.



SCI Safety Slogan

**SAFETY
FIRST
SAFETY IS
EVERYBODY'S
JOB**

James Lehrke- SCI



Cal/OSHA urges workers experiencing possible overheating to take a preventative cool-down rest in the shade until symptoms are gone. Workers who have existing health problems or medical conditions that reduce tolerance to heat, such as diabetes, need to be extra vigilant. Some high blood pressure and anti-inflammatory medications can also increase a worker's risk for heat illness, according to the agency.

In addition to the other requirements outlined in California's heat illness prevention regulation, it is crucial that supervisors are effectively trained on emergency procedures in case a worker does get sick. This helps ensure sick employees receive treatment immediately and that the symptoms do not develop into a serious illness or death.

SCI OSHA News: South Florida Utility Contractor for Exposing Employees to Trenching Hazards

Source: <http://www.osha.gov>

Date: June 20, 2018

NAPLES, FL – The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) has cited Douglas N. Higgins Inc., a South Florida utility contractor, for exposing employees to cave-in and other hazards at a Naples worksite. The company faces \$18,659 in proposed penalties.

OSHA inspected the worksite as part of the Agency's National Emphasis Program on [Trenching and Excavation](#). OSHA inspectors [cited](#) Higgins for allowing employees to work in a trench without cave-in protection, and for failing to maintain a safety and health program on excavation hazards. OSHA cited the contractor for violations in January 2017 when three employees succumbed to toxic gases while working in a manhole, and again in May 2018 after a steel plate fell on and fatally injured an employee.

"Despite being recently cited for violations that contributed to four worker fatalities, this employer continues to disregard well-known safety and health requirements," said Condell Eastmond, OSHA Fort Lauderdale Area Office Director. "Employers involved in excavation work must follow safety procedures to ensure that workers are properly protected from a trench collapse and other trench hazards."

The company has 15 business days from receipt of its citations and proposed penalties to comply, request an informal conference with OSHA's area director, or contest the findings before the independent [Occupational Safety and Health Review Commission](#).

SCI Behavior Tips: Angry Kids: Dealing With Explosive Behavior (Part 3)

Source: <https://childmind.org/>

Date: 2018

- **Sensory processing issues:** Some children have trouble processing the information they are taking in through their senses. Things like too much noise, crowds and even "scratchy" clothes can make them anxious, uncomfortable, or overwhelmed. That can lead to actions that leave you mystified, including aggression.
- **Autism:** Children on all points of the spectrum are often prone to major meltdowns when they are frustrated or faced with unexpected change. They also often have sensory issues that make them anxious and agitated.

Given that there are so many possible [causes for emotional outbursts and aggression](#), an accurate diagnosis is key to getting the help you need. You may want to start with your pediatrician. She can rule out medical causes and then refer you to a specialist. A trained, experienced child psychologist or psychiatrist can help determine what, if any, underlying issues are present.



When behavioral plans aren't enough

Professionals agree, the younger you can treat a child, the better. But what about older children and even younger kids who are so dangerous to themselves and others, behavioral techniques aren't enough to keep them, and others around them, safe?

- **Medication.** Medication for underlying conditions such as ADHD and anxiety may make your child more reachable and teachable. Kids with extreme behavior problems are often treated with antipsychotic medications like Risperdal or Abilify. But these medications should be partnered with behavioral techniques.
- **Holds.** Parent training may, in fact, include learning how to use safe holds on your child, so that you can keep both him and yourself out of harm's way.
- **Residential settings.** Children with extreme behaviors may need to spend time in a residential treatment facility, sometimes, but not always, in a hospital setting. There, they receive behavioral and, most likely, pharmaceutical treatment. Therapeutic boarding schools provide consistency and structure round the clock, seven days a week. The goal is for the child to internalize self-control so he can come back home with more appropriate behavior with you and the world at large.
- **Day treatment.** With day treatment, a child with extreme behavioral problems lives at home but attends a school with a strict behavioral plan. Such schools should have trained staff prepared to safely handle crisis situations.

COMMUNITY + HEALTH + WELLNESS

Human Trafficking

Awareness and Prevention

Detective Tamara Remington
Sheboygan Police Department
Criminal Investigation Division

All 72 counties in Wisconsin have reported documented Human Trafficking. Wisconsin has one of the highest number of cases of human trafficking in the United States. Victims range from infant to elderly and they come from all backgrounds, races, and cultures. Human Trafficking is referred to as the crime "in Plain Sight". This presentation will:

- * discuss cases/ trends/ signs to look for
- * safety tips and prevention to keep our communities safer.

Tuesday, June 26
6:30-8:00 p.m.

Aurora Behavioral Health Center
1221 N. 26th Street, Sheboygan
Across from the Clinic

Registration is preferred but not required.
www.aurorahealthcare.org/events
For more information call: 920-451-5513

The class is free and open to the public

Aurora Health Care® aurora.org

Explosive children need calm, confident parents

It can be challenging work for parents to learn how to handle an aggressive child with behavioral approaches, but for many kids it can make a big difference. Parents who are confident, calm, and consistent can be very successful in helping children develop the skills they need to regulate their own behavior.

This may require more patience and willingness to try different techniques than you might with a typically developing child, but when the result is a better relationship and happier home, it's well worth the effort.

We'd always like your feedback. Let us know what articles you'd like to see!

In Loving Memory... Jessica, Kristin and Nick



Save Tomorrow; Think Safety Today!