

"Our mission is driven by our passion for people."

We're about service, commitment, results, and accountability!

# Weekly Safety Tip

August 6, 2018

### SCI Safety Tip: Safe and Sound!

Source: http://www.osha.gov

Join us for Safe + Sound Week, August 13-19, 2018

#### What Is Safe + Sound Week?

A nationwide event to raise awareness and understanding of the value of safety and health programs that include management leadership, worker participation, and a systematic approach to finding and fixing hazards in workplaces.

#### Why Participate?

Safe workplaces are sound businesses. Successful safety and health programs can proactively identify and manage workplace hazards before they cause injury or illness, improving sustainability and the bottom line. Participating in Safe + Sound Week can help get your program started or energize an existing one.

#### Who Is Encouraged to Participate?

Organizations of any size or in any industry looking for an opportunity to show their commitment to safety to workers, customers, the public, or supply chain partners should participate.

#### **How to Participate**

Participating in Safe + Sound Week is easy. To get started, select the activities you would like to do at your workplace. You can host an event just for your workers or host a public event to engage your community. Examples of potential activities and tools to help you plan and promote your events are available. After you've completed your events, you can download a certificate and web badge to recognize your organization and your workers.

Need more inspiration? Watch a webinar to get ideas from organizations that participated in last year's event.



SCI Safety Slogan

**Safety** Is a Choice You Make.

**James Lehrke-** SCI

- 1) Select Your Activity: https://www.osha.gov/safeandsoundweek/select\_activities.html
- 2) Plan and Promote Your Events: https://www.osha.gov/safeandsoundweek/plan and promote.html
- 3) Recognize Your Participation: https://www.osha.gov/safeandsoundweek/recognize\_participation.html

#### It's not too late to participate in Safe + Sound Week!

Find an event near you or check out ways to celebrate in your organization



## SCI OSHA News: Grain Bin Operator Faces \$507,374 in OSHA Fines

Source: http://www.ehstoday.com

Date: Jul 31, 2018

Kansas-based Gavilon Grain LLC is now part of OSHA's Severe Violator Enforcement Program after two workers were fatally engulfed in a soybean storage bin.

After an OSHA investigation, the grain bin operator faces proposed penalties of \$507,374.

"Moving grain acts like quick sand, and can bury a worker in seconds," said OSHA Regional Administrator Kimberly Stille, in a statement. "This tragedy could have been prevented if the employer had provided workers with proper safety equipment, and followed required safety procedures to protect workers from grain bin hazards."

According to investigators, grain spout/chutes were not locked out/tagged out or blocked by other means. Conveyor belt in the tunnel was not locked out/tagged out. Workers entered the grain bin without a lifeline connected to their body harnesses, and employees were not provided with rescue equipment.

Serious violations noted employees assigned special tasks such as bin entry and handling of flammable or toxic substances did not receive training. In addition, workers were not adequately trained in rescue procedures. OSHA also cited Gavilon Grain LLC for allowing employees to enter a bin in which bridged and/or hung-up grain was present.

The company has contested the citations and will appear before the independent Occupational Safety and Health Review Commission.

## SCI Security: Workplace-targeted violence: Warning signs, prevention

Source: https://www.taosnews.com/

By: Malinda Williams
Date: July 12, 2018

Employees usually act out violently because something triggers them when they are already a volatile person. Investigators continue to dig into the personal histories and behaviors of people committing these targeted crimes, and researchers are helping us







#### **Get Outdoors For Healthy Vision**

For kids, playing outside is simply fun. It's good for their physical health. Surprisingly, it also appears to be good for their vision.

Multiple studies have found that children who spend more time outdoors are less likely to develop nearsightedness (myopia) than children who spend more time indoors.

One study found differences in two groups of students in nearby schools. Students who spent more recess time outdoors had lower levels of nearsightedness than students who spent more time indoors. If the children already had some myopia, it progressed more slowly when they spent more time outdoors.

Sunlight triggers the production of dopamine. That's a natural neurotransmitter that can help keep eyes from becoming too long. When the eyeball becomes longer than it should be, it can't focus correctly. It can become nearsighted. That means distant objects are blurry. Things that are close are in focus.

You may wonder if there's a vision affect when kids are indoors looking at screens or books. A sizable study in the UK found no correlation between nearsightedness and time spent doing close-up work. However, lots of close-up work can cause strain and eye fatigue. Even though screen time may not cause myopia, it's still better for your eyes to limit time looking at screens.

#### Myopia Is a Growing Concern

Nearsightedness is becoming more common in America. About 42 percent of people age 12 to 54 are nearsighted. That's up from 25 percent in 1971. It may be a good idea for you to get outside with your kids!

recognize early warning signs leading up to attacks. Here are some indicators to look out for. The more threatening behaviors displayed, the more serious the threat of violence:

- Does a co-worker appear increasingly angry or bizarre? Has their behavior or performance deteriorated? Are they paranoid? Fascinated with violence? Do they seem depressed or are becoming isolated?
- Is there serious conflict with a coworker or supervisor? Have they made threats or are obsessed with another coworker?
- Are they unusually upset about something at work (disciplinary action or denial of a promotion or raise)? Do they increasingly complain of unfair treatment?
- Are they having a tough time handling "outside" issues (divorce, money, alcohol or substance abuse)?
- Were there layoffs or reorganization? (Many incidents occur when an unstable person is laid off or fired.)

The Department of Labor states domestic violence accounts for 27 percent of workplace violence. Domestic violence offenders typically stalk their victims and know their work and life routines, which helps them execute their assault plans at the victim's workplace. (CAV staff can assist in safety planning.)

Malinda Williams is the executive director of Community Against Violence, Inc. (CAV) which offers free confidential support and assistance for adult and child survivors of sexual and domestic violence, dating violence, and stalking; community and school violence prevention programs; re-education BIP groups for domestic violence offenders; counseling; shelter; transitional housing; and community thrift store. To talk with someone or get information on services available, call CAV's 24-hour crisis line at 575-758-9888 or go to TaosCAV.org.

#### Embrace Reality Support Group

Looking for someone to listen? Health? Family? Relationship? Broken Heart? Strictly Confidential!

Date: August 7th 2018

Where: 2108 Kohler Memorial Drive

Suite 220

Time: 5:00PM till 6:00PM

We'd always like your feedback. Let us know what articles you'd like to see!

In Loving Memory... Jessica, Kristin and N